



PROFESSIONAL DEVELOPMENT FOR WOMEN

Women in Leadership: Foundations for Impact

3 day course

Classroom, online or in-house

Course overview

The move into leadership is the point at which the skills that earned the promotion stop being the ones the job requires, and for many women it arrives alongside being the first or only in the room. This course covers both. Delegates work through the shift from doing to leading, and the work that must now be delegated even when you could do it faster. Setting direction for a team and communicating it follows. Delegation, feedback and the difficult conversation are practised, since these are the skills new leaders most commonly avoid. Building authority when you are younger, newer or different from those around you is addressed directly. Managing former peers is covered. Visibility is treated practically as making work known without performing. Networks and support are covered. The course closes on the first ninety days and on the habits that make the next step possible.

What you will learn

- Make the shift from doing the work to leading it
- Delegate work you could do faster yourself
- Set direction for a team and communicate it clearly
- Give feedback and hold difficult conversations
- Build authority when you are newer or different
- Manage former peers without avoidance
- Make work visible, build support and plan the first ninety days

Who should attend

- Women recently promoted into a first leadership or supervisory role
- High potential women identified for future management positions
- Team leaders seeking a stronger foundation before stepping into department heads
- Women returning to the workforce after a career break into a leadership track
- HR and talent development professionals designing women's leadership pipelines

Course outline

- 01 The skills that got you here
- 02 From doing to leading
- 03 Delegation you resist
- 04 Setting and communicating direction
- 05 Feedback and difficult conversations
- 06 Authority when you are the only one
- 07 Managing former peers
- 08 Visibility, networks and the first ninety days

Upcoming dates

Dates	Venue	Format	Fee per delegate
21 to 23 September 2026	Maputo, Mozambique	Classroom	USD 995
2 to 4 December 2026	Durban, South Africa	Classroom	R14,950
10 to 12 March 2027	Online	Online	R6,500



Fees and how to register

This 3 day course is **R6,500** per delegate online, **R14,950** in the classroom in South Africa, Botswana, Namibia, Lesotho and Eswatini, and **USD 995** in the classroom elsewhere in Africa. In-house training is quotation on request. Book 2 or more delegates on this course and save 10%.

To register or request an in-house proposal, visit www.afrisciencegroup.com, email info@afriscience.co.za, or WhatsApp us on **+27 63 479 1136**.

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