



HEALTH, SAFETY AND SECURITY TRAINING

Risk Assessments, Method Statements and Quality Plans

3 day course

Classroom, online or in-house

Course overview

Risk assessments and method statements are safety critical documents that are routinely written to satisfy a client rather than to control a hazard. This course addresses the difference. Delegates learn to carry out a task based risk assessment that identifies real hazards, to write a method statement a crew can actually follow, and to build an inspection and test plan that assures quality without duplicating effort. Substantial time is spent on the practical failures: generic documents copied between jobs, controls that assume behaviour nobody exhibits, and the point at which a job changes enough that the assessment must be redone.

What you will learn

- Carry out a task based risk assessment that identifies real hazards
- Select controls in the correct order of the hierarchy
- Write a method statement a working crew can follow
- Build an inspection and test plan that assures quality proportionately
- Recognise when a change on site invalidates the assessment
- Brief a crew so the document affects what actually happens
- Review documents critically before they are issued

Who should attend

- Health and safety practitioners and officers
- Site supervisors, foremen and construction managers
- Quality and inspection staff
- Project engineers and contract managers
- Contractor and subcontractor management

Course outline

- 01 What a risk assessment is for, and how it becomes paperwork
- 02 Task based hazard identification
- 03 The hierarchy of control applied properly
- 04 Writing a method statement a crew can follow
- 05 Inspection and test plans and proportionate quality assurance
- 06 Change on site and when to reassess
- 07 Briefing and the gap between document and behaviour
- 08 Critical review before issue

Upcoming dates

Dates	Venue	Format	Fee per delegate
6 to 8 October 2026	Pretoria, South Africa	Classroom	R11,995
7 to 9 October 2026	Maseru, Lesotho	Classroom	R11,995
7 to 9 October 2026	Nairobi, Kenya	Classroom	R11,995
4 to 6 November 2026	Accra, Ghana	Classroom	R11,995



Fees and how to register

Online **from R6,500** per delegate, classroom **from R11,995** per delegate, in-house training is quotation on request. Book 2 or more delegates on this course and save 10%.

To register or request an in-house proposal, visit www.afrisciencegroup.com, email info@afriScience.co.za, or WhatsApp us on **+27 63 479 1136**.

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