



PROFESSIONAL DEVELOPMENT FOR WOMEN

Practical Leadership Strategies for Women Managers

3 day course

Classroom, online or in-house

Course overview

Women moving into management are given the same leadership training as everybody else and then meet a set of reactions that training did not describe, from assertiveness read as difficulty to competence questioned in rooms where nobody else is questioned. This course deals with the job as it is actually experienced. Delegates work through establishing authority with a new team, giving direction clearly without the softening that invites negotiation, and holding a decision under pressure to reconsider it. Difficult conversations including underperformance and conduct are practised. Managing upward and securing the backing a manager needs are covered. Visibility and claiming credit for a team's work and your own follow. The course closes on the support network that sustains a manager, and on choosing which reactions to address and which to ignore.

What you will learn

- Establish authority with a team you have just taken over
- Give direction clearly without softening that invites negotiation
- Hold a decision under pressure to reconsider it
- Handle underperformance and conduct conversations
- Manage upward and secure the backing the role requires
- Claim credit for your team's work and your own
- Decide which reactions to address and which to ignore

Who should attend

- First line and middle managers responsible for daily team performance
- Project managers and coordinators leading cross functional teams
- Supervisors in operations, retail, healthcare, and technical environments
- Women transitioning from individual contributor to people management
- Managers seeking a practical refresher rather than a theoretical course

Course outline

- 01 The job as it is actually experienced
- 02 Establishing authority with a new team
- 03 Clear direction without softening
- 04 Holding a decision under pressure
- 05 Underperformance and conduct conversations
- 06 Managing upward
- 07 Visibility and credit
- 08 Support networks and choosing your battles

Upcoming dates

Dates	Venue	Format	Fee per delegate
23 to 25 September 2026	Accra, Ghana	Classroom	USD 995
30 September to 2 October 2026	Online	Online	R6,500
30 November to 2 December 2026	Dar es Salaam, Tanzania	Classroom	USD 995
22 to 24 February 2027	Pretoria, South Africa	Classroom	R14,950



Fees and how to register

This 3 day course is **R6,500** per delegate online, **R14,950** in the classroom in South Africa, Botswana, Namibia, Lesotho and Eswatini, and **USD 995** in the classroom elsewhere in Africa. In-house training is quotation on request. Book 2 or more delegates on this course and save 10%.

To register or request an in-house proposal, visit www.afrisciencegroup.com, email info@afriscience.co.za, or WhatsApp us on **+27 63 479 1136**.

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