



FINANCE AND TREASURY TRAINING

Medical Schemes and Health Insurance Administration

3 day course

Classroom, online or in-house

Course overview

Health cover is administered under constant pressure from rising utilisation, a member population that changes shape as people join and leave, and providers whose billing is not always what it appears. This course covers running it. Delegates work through benefit design and the trade off between contribution and cover, including the options that attract exactly the members who cost most. Membership administration follows, covering enrolment, dependants, waiting periods and the exclusions that must be applied consistently. Provider networks, tariffs and contracting are addressed. Claims adjudication is covered, including coding, clinical rules and pre authorisation. Fraud, waste and abuse are treated directly, covering the billing patterns that indicate each. Utilisation review and managed care interventions follow. Reserving, contribution setting and the annual increase decision are addressed. Member communication and complaints are covered. The course closes on regulatory obligations and on sustaining a scheme as its membership ages.

What you will learn

- Design benefits against contribution without attracting only high cost members
- Administer enrolment, dependants, waiting periods and exclusions consistently
- Contract provider networks and set tariffs
- Adjudicate claims using coding, clinical rules and pre authorisation
- Detect fraud, waste and abuse in provider billing
- Apply utilisation review and managed care interventions
- Set contributions, meet regulatory obligations and sustain an ageing membership

Who should attend

- Medical scheme and health insurance administrators
- Claims adjudication and clinical review staff
- Provider network and contracting managers
- Finance staff setting contributions and reserves
- Regulators and trustees overseeing health cover

Course outline

- 01 Rising utilisation and a shifting membership
- 02 Benefit design and contribution trade offs
- 03 Enrolment, dependants and waiting periods
- 04 Provider networks, tariffs and contracting
- 05 Claims adjudication and pre authorisation
- 06 Fraud, waste and abuse patterns
- 07 Utilisation review and managed care
- 08 Reserving, contribution increases, communication and regulation

Upcoming dates



Dates	Venue	Format	Fee per delegate
19 to 21 October 2026	Online	Online	R6,500
9 to 11 November 2026	Lagos, Nigeria	Classroom	USD 995
7 to 9 December 2026	Lusaka, Zambia	Classroom	USD 995
25 to 27 January 2027	Maputo, Mozambique	Classroom	USD 995

Fees and how to register

This 3 day course is **R6,500** per delegate online, **R14,950** in the classroom in South Africa, Botswana, Namibia, Lesotho and Eswatini, and **USD 995** in the classroom elsewhere in Africa. In-house training is quotation on request. Book 2 or more delegates on this course and save 10%.

To register or request an in-house proposal, visit www.afrisciencegroup.com, email info@afriScience.co.za, or WhatsApp us on **+27 63 479 1136**.

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