



CYBERSECURITY AND IT TRAINING

Business Continuity and Disaster Recovery

3 day course

Classroom, online or in-house

Course overview

Continuity plans are commonly written for a fire and then tested against a spreadsheet, which is why so many fail on their first real use during a ransomware event or a prolonged power failure. This course covers building plans that hold. Delegates work through business impact analysis and the recovery objectives it produces, threat scenarios relevant to African operations including power, connectivity and civil disruption, and strategy selection against those objectives. Technical recovery is covered: backup design, immutability, restoration testing and the recovery sequence. Crisis management, communication and decision authority follow. The course closes on exercising a plan realistically and on maintaining it as the organisation changes.

What you will learn

- Run a business impact analysis and derive recovery objectives
- Assess scenarios including power, connectivity and civil disruption
- Select continuity strategies that meet the stated objectives
- Design backups for immutability and prove restoration by testing
- Sequence a technical recovery across dependent systems
- Run crisis management, communication and decision authority
- Exercise a plan realistically and maintain it as things change

Who should attend

- Business continuity and resilience managers
- IT managers and infrastructure staff
- Risk and compliance professionals
- Operations managers owning critical processes
- Executives with crisis decision authority

Course outline

- 01 Written for a fire, tested on a spreadsheet
- 02 Business impact analysis and recovery objectives
- 03 Scenarios relevant to African operations
- 04 Strategy selection
- 05 Backup design and immutability
- 06 Restoration testing and recovery sequencing
- 07 Crisis management and communication
- 08 Exercising and maintaining the plan

Upcoming dates

Dates	Venue	Format	Fee per delegate
30 September to 2 October 2026	Nairobi, Kenya	Classroom	USD 995
26 to 28 October 2026	Accra, Ghana	Classroom	USD 995
16 to 18 November 2026	Mbabane, Eswatini	Classroom	R14,950
30 December 2026 to 1 January 2027	Online	Online	R6,500



Fees and how to register

This 3 day course is **R6,500** per delegate online, **R14,950** in the classroom in South Africa, Botswana, Namibia, Lesotho and Eswatini, and **USD 995** in the classroom elsewhere in Africa. In-house training is quotation on request. Book 2 or more delegates on this course and save 10%.

To register or request an in-house proposal, visit www.afrisciencegroup.com, email info@afriscience.co.za, or WhatsApp us on **+27 63 479 1136**.

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